



## NONGONOKO WA SWIVUTISO SWA RIHANYO SWA XICHUDENI/ MUDYONDZI: COVID-19

Eka Mutshwari/ Mulanguteri/ Muhlayisi

Vuxokoxoko ni vukaneri lebyi humaka eka matiko yo hambana hambana byile rivaleni: Hi leswaku vana lava ntsongo ava le ka nxungeto lowu kulu wo khomiwa hi xitsongwatsongwana xa COVID-19. Ndzawulo ya dyondzo ni ndzawulo ya rihanyo valeku endleni ka matshalatshala hinkwawo ku endlal leswaku vana va sirhelelekile hinkarhi lowu wa nxungeto wa xitsongwatsongwana xa corona. Hambi swiritano, kuna nhlayo leyintsongo ya mavabyi ya ngari mangani ya xiyimu xo tika ya nkoka lawa yanga endlaka leswaku vana lava ntsongo vakumeka va vabya swinene. Ndzawulo ya rihanyo yi fanele ku tivisiwa hi ta mavabyi lawa ku endlala leswaku yikota ku teka magoza yo seketela no vhekela lomu swikolweni. Mikoberiwa ku tata fomo leyi ladzelaka hi mayelana na vuvabyi bya xiyimo xo tika bya nkoka lebyi nwana wa nwina anga na byona. Vuxokoxoko bya vuvabyi bya nwana wa nwina byita khomiwa tani hi xihundla.

**Xitsunzuxo. Unga rhumeleli nwana/ vana va wena e xikolweni loko vanga ti twi kahle kumbe ku vabya – leswi swi katsa ku vabya mikolo, ku huma marhimila, ku khohlola, ku pandza hi nhloko kumbe ku hisa mirhi. Loko swi laveka , yisa nwana kuya kamberiswa hi mutirhela mfumo kumbe eklinini ya le kusihl.**

<b>Vito ra Nwana</b>		<b>Vito ra mutswari kumbe mulanguteri</b>	
<b>Rimbewu: Wahwana</b> <b>Mufana</b>		<b>Vuxaka (Manana, Tatana, Hahani, Kokwana , swinwana)</b>	
<b>Nomboro ya pasi</b>		<b>Vutshamo</b>	
<b>Vutshamo</b>		<b>Riqhingo</b>	
<b>Lani hansi ku longoloxiwile mavabyi lamanga endlaka leswaku nwana wa wena a vabya swinene loko o tshuka a khomiwili hi xitsongatsonwanaxa COVID 19. Ku hlamula, mi komberiswa ku hlamula Ina hi ku dirowa xi rhendzevutani loko nwana wa wena ari na vuvabyi lebyi kumbe Ee loko angari na byona.</b>			
<b>Mikomberiswa ku kombisa loko nwana a teka murhi wokarhi wa vuvabyi lebyi nkarhi wo leha kumbe loko nwana a teka mirhi eka nkarhi wa sweswi</b>		<b>Hlamusela no nongoloxa mirhi leyi unga tsaleriwa hi dokodela</b>  <b>Vito ra dokodela:</b>  <b>Vito ra kliniki:</b>  <b>Riqhingo:</b>	
Asma	Ina	Ee	
Tuberculosis (rifuva)	Ina	Ee	
Pregnancy ( Nyimba)	Ina	Ee	

Mavabyi ya nwana ya nkarhi wo leha ya rifuva (yo fana na cystic fibrosis , mahahu)	<b>Ina</b>	<b>Ee</b>	
Mavabyi ya mbilu ( lawa yanga tshugulekiki hi vu handzuri)	<b>Ina</b>	<b>Ee</b>	
Xitsongwatsongwana xa nsawuto xo tika (Severe immunodeficiency ) (inherited or arquired) . Leswi swi katsa HIV ni kuva na masocha ya le hansi (low CD4), cancer (u teka mapilisi), kumbe vana lavanga le ka mapilisi yo tshilelela masocha ya mirhi e.g. endzaku ka transplant	<b>Ina</b>	<b>Ee</b>	
Swinwana (swofanana chukele) leswi nga tsariwangiku la henhla:	<b>Ina</b>	<b>Ee</b>	

Tinhlamulo leti nga la henhla ti tatisiwile hikuya hi vutivi lebyi ninga na byona

<b>Muntswari/mulanguteri/ muhlayisi</b> <b>Nsayino</b>	<b>Nsayino wa Xichudeni (Mudyonzi)</b> <b>12 years kuya henhla</b>	<b>Siku ra Nsayino</b>